Weekly Assignments

| Name: | Sweet | Month: | November | Year: | 2021 |
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|  | | **Mon:** | **01** | | --- | --- | | | **TUES:** | **02** | | --- | --- | | | **WED:** | **03** | | --- | --- | | | **THURS:** | **04** | | --- | --- | | | **FRI:** | **05** | | --- | --- | |
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| **fitness 10** | Health Room  Reminder that posters are due BY NOVEMBER 4th if done earlier, turn in.  Reminder TEST IS ALSO NOVEMBER 4th | Reminder that posters are due BY NOVEMBER 4th if done earlier, turn in.  Reminder TEST IS ALSO NOVEMBER 4th | Tomorrow  Reminder that posters are due BY NOVEMBER 4th if done earlier, turn in.  Reminder TEST IS ALSO NOVEMBER 4th | For those that are gone for post season tournaments, posters can be turned in on Monday and be ready for your test on Monday as well  **BACK IN THE GYM MONDAY = Bring Clothes** |  |
|  | This week we are covering:  Drug abuse vs Drug Misuse  Antagonism vs synergism  Sensitivity vs Allergy  Prescription vs OTC  Side effects | What is Addiction  What is SIDS and how does it occur  Medication Types  Factors of Abusing Drugs  Treatment options | Affects of Depressants/ Stimulants  Dangers of other commonly abused substances: Marijuana, Cocaine, Meth, Bath Salts, Heroin, Hallucinogens, Club Drugs, Inhalants, Steroids, etc. | BRING CLOTHES FOR MONDAY  **BACK IN THE GYM MONDAY = Bring Clothes**  **BACK IN THE GYM MONDAY = Bring Clothes**  **BACK IN THE GYM MONDAY = Bring Clothes** |  |
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| **activity 4 life** | Badminton Week  You have to help set up the Badminton nets  You have to help put away the badminton nets  Review of play and scoring  Bjerrings style tournament | .You have to help set up the Badminton nets  You have to help put away the badminton nets  Review of play and scoring  Bjerrings style tournament | You have to help set up the Badminton nets  You have to help put away the badminton nets  Review of play and scoring  Bjerrings style tournament | You have to help set up the Badminton nets  You have to help put away the badminton nets  Review of play and scoring  Bjerrings style tournament |  |
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